

## Curriculum Vitae

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### Tracy L. Travis (Witty) OTD, OTR/L, CLCP

#### FORMAL EDUCATION

- O.T.D. Boston University, Boston, MA  
Doctor of Occupational Therapy  
Dissertation Title: An Online Course: Introduction to Life Care Planning  
September 2018
- M.O.T. University of Southern Maine, Lewiston, ME  
Master of Occupational Therapy  
August 1999
- B.A. Western Washington University, Bellingham, WA  
Major: Exercise & Sports Science, Health and Recreation with a  
Specialization in Pre-Physical Therapy  
January 1996

#### CERTIFICATIONS

- Certified Life Care Planner, International Commission on Health Care Certification, 2016  
Functional Capacity Evaluation Certification, JTECH Medical, 2019

#### LICENSURE

- Colorado Department of Regulatory Agencies, Div. of Professions & Occupations, 0006890  
State of Nevada Board of Occupational Therapy, License Number OT-2726, 2021 – Present  
California Board of Occupational Therapy, License Number 17910, 2017 - Present  
College of Occupational Therapists of British Columbia, AC1418, 2002 to June 30, 2022  
Washington State Department of Health, Licensed Occupational Therapist, 1999 – 2003  
US National Board for Certification in Occupational Therapy, Registrant, 1999 to present

## **VOLUNTEER**

June 2022- date     **Adjunct Volunteer Professor**, Neurology  
Episcopal University of Haiti, Faculty of Rehabilitation Sciences

## **PROFESSIONAL POSITIONS HELD**

2019 to date    Director, **Occupational Therapist & Certified Life Care Planner**  
Turning Point Rehabilitation Consulting, Inc., DBA  
Turning Point Life Care Planning, Los Angeles, California

Develop life care plans for individuals who have experienced a traumatic injury and/or significant change in their daily functioning. Contracted to work with Medicare patients with a variety of medical issues in their own homes. Developing occupational therapy programming for individuals who have experienced traumatic brain injuries and their families as well as those living with chronic pain. Occupational therapy services to include case management, small groups and return to work services, including ergonomics.

2005 to 2022   **Managing Director & Certified Life Care Planner**  
Turning Point Rehabilitation Consulting, Inc., North Vancouver, BC

Responsible for business operations and leading team of occupational therapists and certified life care planners in providing individualized home health rehabilitation and life care planning services.

2002 – 2006   **Senior Consultant Occupational Therapist**  
Community Therapists, Inc., Vancouver, B.C., Canada

Provided occupational therapy rehabilitation, life care planning and case management services, primarily for individuals who sustained injuries arising from motor vehicle accidents, workplace incidents, or medical errors.

2001 – 2003   **Occupational Therapist and Team Leader in Skilled Nursing Facilities**  
Aegis Therapies, Bellingham, WA

Evaluated and provided occupational therapy to adults with cardiac, orthopedic, and neurological issues. Interventions included wheelchair and seating evaluations, use of physical agent modalities, exercise programs, selfcare training, and discharge planning. Managed billing and staff training.

1999 – 2001 **Occupational Therapist**

St. Joseph Hospital, Bellingham, WA

Evaluated and provided occupational therapy to individuals with acute medical conditions admitted to acute care hospital.

1999 – 2001 **Occupational Therapist**

Mount Vernon School District, Mount Vernon, WA

Collaborated with parents, teachers, and certified occupational therapy assistants to optimize students' school performance and play.

1996 – 1997 **Certified Personal Trainer - National Strength & Conditioning Assoc.**

Bellingham Athletic Club, Bellingham, WA

Provided fitness assessments, developed and monitored exercise programs.

### **PROFESSIONAL APPOINTMENTS OR ELECTED POSITIONS**

2020 - 2022 IALCP Advisory Committee charged with updating the Standards of Practice for Life Care Planning by publishing the 4<sup>th</sup> Edition, September 2022.

2009 – 2011 Board of Directors, British Columbia Society of Occupational Therapists  
2009 Chairperson, Professional Development Committee, British Columbia Society of Occupational Therapists (BCSOT)

2005 Chairperson, 2005 Host Committee, Canadian Occupational Therapy Assoc.

### **SOCIETY MEMBERSHIPS**

Since 2016 American Occupational Therapy Association (AOTA) & 1999-2003

Since 2006 International Association of Rehabilitation Professionals (IARP)

2002-2022 Canadian Association of Occupational Therapists – British Columbia; formerly, British Columbia Society of Occupational Therapists (BCSOT)

Since 2002 Canadian Association of Occupational Therapists (CAOT)

Since 2002 World Federation of Occupational Therapists (WFOT)

### **PUBLICATIONS**

Neil, A. & Witty, T. (2021). Life care planning for vestibular disorders. *Journal of Life Care Planning, 19* (2).

Witty, T. (2019). "Transitioning to New Areas of Practice." In K. Jacobs and G. L. McCormack (eds.), *The Occupational Therapy Manager: Strategies for Leaders and Administrators*, (6<sup>th</sup> Edition). AOTA Press.

Witty, T. (2018). O.T.D. Dissertation, Boston University. *Introduction to Life Care Planning: An online course*. ProQuest LLC.

## **PRESENTATIONS**

- Witty, T. & Neil, A. (March 2022). *Occupational Therapists' Role in Life Care Planning*. American Occupational Therapy Association Annual Conference. San Antonio, TX.
- Witty, T. (October 2020). *Successful Trial Preparation as an Expert Witness*. International Association of Rehabilitation Professionals Virtual Conference.
- Witty, T. & Abdel-Barr, J. (January 2019). *How Risk Factors Influence Rehabilitation & Future Care Recommendations*. Trial Lawyers of British Columbia Annual MedicalLegal Conference. Fortuna, Costa Rica.
- Witty, T. & Grant, T. (May 2010). *Tele-occupational therapy*. Workshop. Occupational Therapy West Regional Conference, Vancouver, BC.
- Witty, T. (September 2004). *Ethical dilemmas & professional conduct*. Workshop, Invited Speaker, Insurance Corporation of British Columbia (ICBC), Abbotsford, B.C.

## **SCIENTIFIC POSTER PRESENTATIONS**

- Witty, T., & Jacobs, K. (March 2017). *Life care planning: An emerging area for occupational therapists*. American Occupational Therapy Association 100<sup>th</sup> annual conference, Philadelphia, PA.
- Witty, T., & Jacobs, K. (March 2017). *The skill of being entrepreneurial*. American Occupational Therapy Association 100<sup>th</sup> annual conference, Philadelphia, PA.

## **CONTINUING EDUCATION**

- 2022      AOTA Annual Conference, San Antonio, TX
- Becoming JEDI: Translating Justice, Equity, Diversity and Inclusion into OT Education & Practice.
  - Exploring Pain Biology Education for Chronic Pain
  - Helping Haiti Rehab
  - Evaluation & Treatment of Concussion in the Military
  - OT Pain Treatments & Amputation
  - Delivering Ergonomic Services Through Telehealth
- 2020      IARP Annual Conference, Virtual
- Plaintiff Attorney Perspective
  - Hearsay Challenges in Life Care Planning: A Sanchez Review
  - Supporting the Use of FAIR Health Data in Life Care Plans
  - Keynote: Best Practices in Remote Assessment
  - Interventional Pain Medicine and Life Care Planning

- 2019 IARP Annual Conference, Portland, B.C.
- Extreme Ergonomics as a Return-to-Work or Disability Solution Development Tool
  - Prosthetic Cost Projection and the Capabilities of Amputees
  - Intensive Therapy after Spinal Cord Injury: What's the Return on Investment?
  - Welcome to the Future of Medicine- Medical Cannabis
  - Transgender Health: Sensitivity in Care, Treatment and Life Care Considerations
- 2019 Functional Capacity Evaluation Certification, JTECH Medical
- 2018 A Biopsychosocial Approach for Addressing Chronic Pain in Everyday Occupational Therapy Practice, CE Article
- 2018 Capstone, Boston University
- 2018 Doctoral Project, Boston University
- 2018 Outcome Measurement & Monitoring, Boston University
- 2017 Health Promotion & Wellness, Boston University
- 2017 Educational Theory & Practice, Boston University
- 2017 Doctoral Project, Boston University
- 2016 Social Policy & Disability, Boston University
- 2016 Evaluating Clinical Research and Theory, Boston University
- 2016 Doctoral Project, Boston University
- 2015 No Life Limited by Pain, 26<sup>th</sup> Annual Meeting, AAPM, Washington, D.C. (22.5 contact hours)
- 2015 Medical and Psychological Aspect of Life Care Planning, UFL
- Spinal Cord Injury: Adult and Pediatric, (20 contact hours)
  - Amputations: Adult and Pediatric, (20 contact hours)
  - Multiple disabilities, including chronic pain (20 contact hours)
- 2013 Forensic Aspects of Life Care Planning, Toronto, UFL (20 contact hours)
- 2013 8<sup>th</sup> Annual TBI Conference, Scripps Health, San Diego, CA (16 contact hours)
- 2012 Soft Tissue Injury Seminar, Vancouver, BC
- 2011 Medical and Psychological Aspects of Life Care Planning with Brain injury: Adult and Pediatric, Gainesville, FL
- 2010 Cost of Future Care, Vancouver, BC
- 2009 Chronic Pain on Trial: Myths, Mistakes and Misconceptions (TLABC)
- 2009 Cognitive Rehabilitation Workshop, Vancouver, BC
- 2007 Vocational Outcomes in Traumatic Brain Injury, Vancouver, BC
- 2007 Pacific Coast Brain Injury Conference, Vancouver, BC
- 2006 Putting It All Together, Life Care Planning Module 5, San Diego, CA
- 2006 Forensic Rehabilitation, Life Care Planning Module 3, San Diego, CA
- 2006 Tenets and Methodology Life Care Planning Module 1, San Diego, CA
- 2006 Spinal Cord Injury Life Care Planning, Module 2, San Diego, CA

2006 ABI: Supporting Positive Interactions and Behaviours, Chilliwack, BC  
2006 The Essential Soft Tissue Injury Conference (TLABC), Vancouver, BC  
2006 The Power Within, Vancouver, BC  
2005 Life Care Planning, The Matheson System, Vancouver, BC  
2004 Pain, Sleep and Depression (TLABC), Vancouver, BC  
2003 Pacific Coast Brain Injury Conference, Vancouver, BC  
2003 Pilates for Rehab – International Weightlifting Association, Seattle, WA  
2003 Essential Soft Tissue Injury Conference (TLABC), Vancouver, BC  
2002 Practical Seating and Positioning Solutions, Seattle, WA  
2002 AOTA National Conference, Miami, Florida  
2001 Designing Dementia Treatment Programs Using Allen Cognitive Level (ACL)  
2000 Neurodevelopmental Treatment & Sensory Integration, Seattle, WA  
1999 AOTA Special Interest Section, Pediatrics, Practice Conference, Reno, NV

Updated January 19, 2023