### Occupational Therapist and Certified Life Care Planner

Afton, VA 22920

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434-466-3403

#### **FORMAL EDUCATION**

Institution of Rehabilitation and Training (IRET), Newberry, FL- Certified Life Care Planner training program

Completed June 2022

**Tufts University, Medford, MA**- *Master of Science in Occupational Therapy* September 1992- September 1994

**The College of New Jersey, Ewing, NJ-** Bachelor of Science, cum laude September 1988- May 1992

Degree in Special Education, minor in psychology

#### **EXPERIENCE**

# **Turning Point Life Care Planning, Los Angeles, CA-** *Contractor, Life Care Planning Expert*

 Complete Medical Cost Projections and Life Care Plan Rebuttals for individuals who have experienced a catastrophic injury and/or have experienced a significant change in their functional abilities.

InnovAge Blue Ridge PACE, Charlottesville, VA - Rehab Therapy Supervisor
August 2013 - PRESENT

- Developed the rehab therapy program in this start-up site, including writing and implementing our policies and procedures
- Currently supervise 2 physical therapists, 1 occupational therapist, 1 speech-language pathologist, and 1 COTA
- Provide occupational therapy services in the PACE center and in the home for our 245 participants

#### Interim Home Health, Charlottesville, VA- Occupational Therapist, PRN

 Evaluated and treated adult patients with a variety of diagnoses in their homes on a PRN basis

**Continuum Home Health, Charlottesville, VA** - Senior Occupational Therapist January 2011- August 2013

- Evaluated and treated adult patients with a variety of diagnoses in their homes
- Provided direct supervision of a COTA and served as a mentor to new occupational therapy staff
- Responsible for completion of chart audits across the department to ensure that therapists were meeting regulatory and payor-source standards of care and documentation

## Amedysis Home Health, Charlottesville, VA - Occupational Therapist April 2010-January 2011

• Evaluated and treated adult patients with a variety of diagnoses in their homes

### **Evergreene Nursing Care Center (now Grace Health and Rehab Center), Stanardsville, VA-** *PRN Occupational Therapist*

May 2009- March 2010

 Evaluated and treated geriatric patients with a variety of diagnoses in this Skilled Nursing Facility

#### Martha Jefferson Hospital, Charlottesville, VA- PRN Occupational Therapist March 2009-June 2009

• Evaluated and treated patients with a variety of diagnoses in an acute care setting

# **Louisa Health and Rehabilitation Center, Louisa, VA-** *Rehabilitation Manager and Occupational Therapist*

August 2006-March 2009

- Managed all staffing-related issues in this 90 bed nursing facility
- Directly supervised physical therapists, occupational therapists, speech language pathologists, and rehabilitation aides
- Maintained the department's budget and increased reimbursement rates through management of RUG levels and Medicare Part B services.
- Marketed our services to discharge planners in the hospitals, and assumed the discharge planning role in the facility for 6 months due to a social work vacancy

### **University of Virginia Medical Center, Charlottesville, VA-** *Senior Occupational Therapist*

April 2002-August 2006

- Provided direct occupational therapy services to patients with a variety of diagnoses in the acute care and ICU settings.
- Served as mentor and direct supervisor to occupational therapists and students on the neurology and neurosurgical floor.
- Served as the Occupational Therapist on the interdisciplinary outpatient team serving ALS and Huntington's Disease patients.

## The John Jane Brain Injury Center, Charlottesville, VA - Occupational Therapist and Case Manager

April 2001- April 2002

 Provided direct occupational therapy and case management services to clients with acquired brain injury in this community-based program and day center

### Fawcett Memorial Hospital, Port Charlotte, FL- Occupational Therapist

February 1998- November 2000

• Provided direct occupational therapy services to patients at all levels of care: ICU, acute care, skilled nursing, rehabilitation, and outpatient

# **Northern Virginia Mental Health Institute, Falls Church, VA-** Occup*ational Therapist*

September 1994- August 1996

- Completed functional and standardized assessments of patients. These assessments included the Allen Cognitive Levels Test and the Kohlman Evaluation of Living Skills and were used to develop treatment plans and to make recommendations for discharge.
- Provided group and individual treatment sessions and led community outings

#### **FIELDWORK**

#### Northern Virginia Mental Health Institute, Falls Church, VA

June 1993- August 1993

#### National Rehabilitation Hospital, Washington, DC

June 1994- August 1994

#### **PROFESSIONAL AFFILIATIONS**

American Occupational Therapy Association, member

**International Association of Rehabilitation Professionals,** *member* 

#### **PROFESSIONAL LICENSES and CERTIFICATIONS**

Occupational Therapist License, Virginia Board of Medicine
Occupational Therapist License, State of Florida Department of Health
Certified Life Care Planner, expires October 31, 2027