

#### **CURRICULUM VITAE**

# STEPHEN EPP MCISc OT, BHKin, Reg (OT), CCLCP/ICCCP, CVRP, & CWCE/CFCE

#### **FORMAL EDUCATION**

MCISc OT Master of Clinical Science in Occupational Therapy (2002)

University of Western Ontario

BHKin Bachelor of Human Kinetics in Exercise Science (1999)

University of British Columbia

#### **CLINICAL CERTIFICATIONS**

- Registered Occupational Therapist, College of Occupational Therapists of BC
- Canadian Certified Life Care Planner (CCLCP), International Commission on Health Care Certification
- International Certified Cost of Care Professional (ICCCP),College of Vocational Rehabilitation Professionals
- Certified Vocational Rehabilitation Professional (CVRP), College of Vocational Rehabilitation Professionals
- Certified Work Capacity Evaluator (CWCE): Matheson
- **Certified Functional Capacity Evaluator (CFCE)**: Level 1 and 2 Certified, JTECH Medical, Functional Capacity Evaluation Certification Program, Matheson, and Metriks
- E.P.I.C. Lift Capacity Certified Evaluator: Matheson
- Progressive Goal Attainment Program (PGAP): Certified for cognitive, physical, and mental health work hardening and return to work planning, PGAP Works
- Cognitive Demands Analysis (CDA): Certified to complete vocational evaluation of cognitive and psychosocial/mental health demands of work, Gowans Consulting
- Assessment of Motor and Process Skills (AMPS): Certified for functional assessment of cognitive and physical abilities to complete activities of daily living, AMPS International
- **Critical Stress Management Certified (CISM):** Certified to provided education and interventions following traumatic events, Justice Institute of B.C.
- **Substance Use Intervention Certified**: Certified to provide assessment and interventions for substance use issues, Justice Institute of B.C.
- Changeways Cognitive Behavioral Treatment Certified: Certified to provide cognitive behavioral education for panic, anxiety, and depression symptoms, Changeways Clinic

### **PROFESSIONAL MEMBERSHIPS**

- College of Occupational Therapists of British Columbia
- Canadian Association of Occupational Therapists
- College of Vocational Rehabilitation Professionals



#### **POSITIONS HELD**

2023 to Present Stephen Epp Consulting, Vancouver, B.C

Occupational Therapist and Vocational Rehabilitation Professional

Provide functional capacity evaluation, vocational evaluation, cost of future care assessment, vocational rehabilitation, case management, and community-based occupational therapy.

2017 to 2023 Turning Point Rehab Canada, North Vancouver, B.C

Occupational Therapist and Vocational Rehabilitation Professional

Provide functional capacity evaluation, vocational evaluation, cost of future care assessment, vocational rehabilitation, case management, hospital discharge transitional support services, and community-based rehabilitation.

2023 to Present Capilano University, North Vancouver, BC

Instructor – Rehabilitation Assistant Diploma Program

Teach models of care and occupational therapy assistant/rehabilitation assistant interventions for musculoskeletal conditions, neurology, and mental health conditions.

2023 to Present College of Physical Therapists of British Columbia, Vancouver, BC Health Professions Complaint Investigator

Complete investigations and reports related to health profession complaints.

2012 to Present College of Occupational Therapists of British Columbia, Victoria, BC Health Professions Complaint Investigator

Complete investigations and reports related to health profession complaints.

2012 to Present Douglas College, New Westminster, BC

Instructor – Practitioner Competencies in Psychosocial Rehabilitation

Teach healthcare ethics, psychosocial assessment, communication tools, care planning, and rehabilitation interventions related to rehabilitation services for people with mental health and addictions.

2012 to Present UBC Dep. of Occup. Science and Occupational Therapy, Vancouver, BC Clinical Assistant Professor

Teach Guest Lectures, Small Group Tutorials, and Summer Int'l Institute.

2007 to Present Self-Employed Consultant and Educator

Teach and provide consultation related to Rehabilitation Theory, Trauma-Informed Practice, Substance Use Rehabilitation, and Vocational Rehabilitation to various organizations including Vancouver Coastal Health, BC Infrastructure



Benefit Program, Union Gospel Mission, Salvation Army, MPA Society, Lifemark, Community Therapists, Re: Function Health Group, and Coast Mental Health.

### 2020 to 2021 Re: Function Health Group Inc, Vancouver, B.C Occupational Therapist

Provide functional capacity evaluation, cost-of-future care assessment, and return to work support services.

### 2017 to 2018 Gastown Vocational Services, Vancouver Coastal (VCH), Vancouver, B.C Occupational Therapist

Provide vocational assessment, case management and vocational rehabilitation for clients with mental health and substance use issues.

### 2012 to 2017 **Professional Practice, VCH, Vancouver, B.C**Occupational Therapy Practice Coordinator

Provide clinical consultation, training, and coordination to 70 occupational therapists across acute, community and tertiary services, develop clinical practice guidelines, and implement quality improvement initiatives.

## 2003 to 2012 Strathcona Mental Health and Substance Use Team, VCH, Vancouver, BC Occupational Therapist and Program Coordinator

Psychosocial rehabilitation program coordination, and provide assessment, client care coordination, skills training, and vocational rehabilitation for complex clients living in the Downtown Eastside Area of Vancouver.

### 2002 to 2003 Ravensong Mental Health and Substance Use Team, VCH, Vancouver, BC Occupational Therapist

Provide assessment, care coordination, psychosocial rehabilitation, and vocational rehabilitation for adults and seniors with mental health, substance use, and physical health issues.

#### AWARDS AND PUBLICATIONS

Awarded **"2018 Outstanding Occupational Therapist in British Columbia"** by the Canadian Association of Occupational Therapists – British Columbia Branch

Richardson, L. and Epp, S. (2016). "Substance Use Disorders, Employment and the Return to Work." In I.S. Schultz, and R. J. Satchel, (eds.), *Handbook of Return to Work: From Research to Practice*, vol. 1 in *Handbooks in Health, Work and Disability*. New York: Springer. 667 – 692.

Epp, S. (2013). "Recovery – It's Broader than Health Care." *Visions – Recovery*, vol. 9, 1. Available online at http://www.heretohelp.bc.ca/visions/recovery-vol9.



### **CONTINUING EDUCATION AND TRAINING**

2023	The Functional Capacity Certification Program (Refresher) - Matheson
2023	Professional Practice and Ethics – Canadian Assessment, Vocational Evaluation and Work Adjustment Society (CAVEWAS)
2022	Certified Functional Capacity Evaluator – Metriks Education Inc.
2022	Transferrable Skills and Employability Analysis – CAVEWAS
2022	Biopsychosocial Pain Assessment, Pain Physiology, and Collaborative Care – PAIN BC
2021	Pain Foundations and Person in Pain: A lived experience perspective – PAIN BC
2021	Jurisprudence – College of Vocational Rehabilitation Professionals
2021	PTSD 101: Prolonged Exposure Therapy – Veterans Health Administration
2021	Transferrable Skills and Employability Analysis – Voc. Rehab. Ass. of Canada (VRAC)
2021	Vocational Evaluation and Assessment - VRAC
2021	Occupational Information Assessment - VRAC
2021	Vocational Evaluation Foundations – VRAC
2020	EPIC Lift Capacity Program – Matheson
2020	Cognitive Functional Capacity Evaluation Certificate – Matheson
2020	Ergonomic Evaluation Program Certificate – Matheson
2020	Montreal Cognitive Assessment (MoCA) Certification - MoCA
2019	Functional Capacity Evaluation (FCE) Level 2 Certification – JTEC Medical
2019	The Functional Capacity Evaluation Certification Program - Matheson
2019	Functional Capacity Evaluation (FCE) Level 1 Certification – JTEC Medical
2019	Forensic Aspects of Life Care Planning – Inst. of Rehab. Educ. and Training (IRET)
2019	Life Care Plan Peer Reviewed Work Sample – IRET
2019	Connecting Foods with Pain Symptoms – Academy of Integrative Pain Management
2019	Medical and Psychosocial Aspects of Life Care Planning for Spinal Cord Injury - IRET
2019	Medical and Psychosocial Aspects of Life Care Planning for Amputations - IRET
2018	Integrated Treatment of Pain and PTSD – Academy of Integrative Pain Management
2018	Cognitive Demands Analysis (CDA) Certificate Program – Gowan Consulting
2018	Frontiers in the Treatment of Trauma - Nat. Inst. for the Clin. App. of Behavioral Med.
2018	Teaching Clients Diaphragmatic Breathing – Changeways Clinic
2017	Professional Orientation to Life Care Planning - IRET
2017	Med. and Psych. Aspects of Life Care Planning with TBI and Multiple Disabilities - IRET
2017	Progressive Goal Attainment Program (PGAP) Certification: PGAP Works
2017	Prevention of Chronic Pain: A Human Systems Approach Cert. – University of Minn.
2017	Fundamentals of Traumatic Brain Injury – Relias Continuing Education



2017	Concussion Awareness Training Tool - The BC Injury Research and Prevention Unit
2017	Violence Prevention – Vancouver Coastal Health
2016	Quality Academy Graduate – BC Patient Safety and Quality Council
2016	Risk Assessment & Management of Suicide Risk & Related Issues - Vancouver Coastal
2013	Core Addiction Program – Vancouver Coastal Health
2012	Cognitive Processing Therapy (CPT) for PTSD Certification – Med. Uni. of Southern Cal.
2012	Assessment of Motor and Process Skills (AMPS) Certification - AMPS International
2011	Indigenous Cultural Competency Certificate – PHSA/Aboriginal Health Program
2010	Critical MVA Stress Management Certification – Justice Institute of BC
2006	Substance Use Counselling Certification – Justice Institute of British Columbia
2006	Changeways Panic Disorder and Relaxation Treatment Certificate – Changeways Clinic
2005	Child Sexual Abuse Intervention Certification – Justice Institute of British Columbia
2003	Changeways Core Depression Therapy Certificate Program – Changeways Clinic