

Curriculum Vitae

Elisa Marks, MS, OTR/L, CEAS, CHT, CLCP

Occupational Therapist, Certified Hand Therapist, Certified Life Care Planner

FORMAL EDUCATION

M.S.O.T. Tufts University, Boston, MA
Master of Science Occupational Therapy
May 1996

B.A. University of Pennsylvania, Philadelphia, PA
Bachelor of Arts, Psychology
May 1994

CERTIFICATIONS

Certified Life Care Planner, International Commission on Health Care Certification, 2025

Certified Hand Therapist, Hand Therapy Certification Commission, 2001 to present

Ergonomic Assessment Specialist, Back School of Atlanta, Level 1, August 2008

LICENSURE

California Board of Occupational Therapy, License Number 2632

- Advanced Practice Certification in Hand Therapy and Physical Agent Modalities

National Board for Certification in Occupational Therapy, 1996 to present

PROFESSIONAL POSITIONS

October 2025 - Present **Matrix Physical Therapy and Wellness, Santa Monica, CA**
Certified Hand Therapist, Occupational Therapist
Evaluate, create treatment plans, provide skilled interventions for hand, wrist and elbow injuries and disabilities. Fabricate custom orthosis.

October 2024 – Present **Turning Point Life Care Planning, Los Angeles, CA**
Certified Life Care Planner, Occupational Therapist
Develop life care plans for individuals who have experienced injuries through a thorough medical review, comprehensive assessment, consultations with physicians and geographically specific cost research.

August 2012 – Jan 2025	Center for Health Enhancement and Rehabilitation , Pacific Palisades CA Certified Hand Therapist, Occupational Therapist Provide occupational therapy interventions for clients throughout the lifespan with a focus on hand, wrist, and elbow rehabilitation. Fabricate custom orthosis.
January 2012 - Present	Expert Witness/Consultant , Pacific Palisades, CA Provide record review, expert statement and testimony for plaintiff and defense.
May 2011- Present	Journal of Hand Surgery Pre-Publication Reviewer Provide input on scientific articles prior to publication to assess if they meet standards for publication.
March 2011 – Present	Optum Health , San Diego, CA Occupational Therapy Consultant Multi-disciplinary team member for Utilization Management Committee. Ensure that health plan meets all goals and evaluate/approve changes to allied health guidelines.
May 2007 – Present	Fearless Seminars , Pacific Palisades, CA President and Owner Create occupational therapy continuing education seminar curriculum with focus on hand therapy topics. Provide in-person and live webinar courses with contact hours. Provide ergonomic consulting services on site for office workers.
August 2007- Feb 2016	Quality Insights of Pennsylvania Consultant Expert Work Group Member of multi-disciplinary panel to develop quality measures for Medicare use in PQRS program for BMI reporting, Pain reporting, and Functional Outcome Measure
Feb 2010-Mar 2014	Santa Monica Hand Therapy , Santa Monica, CA Occupational Therapist Evaluate and treat upper extremity injuries including impact on activities of daily living.
Nov 2006-Jan 2010	RehabNet Outpatient Center , Santa Monica, CA Senior Occupational Therapist

Evaluate and treat orthopedic, neurologic, and rheumatologic injuries and illnesses.

Nov 2005-Nov 2006

Cedars Sinai Medical Center, Los Angeles, CA

Supervisor, Outpatient Therapy

Supervise PT, OT, SLP, front office and therapy aides. Complete performance reviews, provide mentoring and corrective action. Manage budgets and FTE counts. Manage successful completion of a Medicare audit. Supervise driver rehabilitation program.

April 2001 – Nov 2005

Kaiser Permanente, Woodland Hills, CA

Hand Therapist, Clinical Specialist II

Provide upper extremity treatment and orthosis fabrication for clients throughout the lifespan. Provide clinical education to peers. Institute journal club with hand surgeons.

June 2000-April 2001

Daniel Freeman Hospital, Marina del Rey, CA

Occupational Therapist

Evaluate and treat occupational therapy clients in an outpatient setting.

Sept 1998-June 2000

New England Medical Center, Boston, MA

Occupational Therapist

Evaluate and treat occupational therapy clients in an outpatient setting.

June 1996-Aug 1998

Spaulding Rehabilitation Hospital, Boston, MA

Occupational Therapist

Directed Driving Assessment Program including media contact, serving on Registry of Motor Vehicles Task Force on Elder Drivers. Provided inpatient occupational therapy to a diverse patient population.

SOCIETY MEMBERSHIPS

American Society of Hand Therapists, 2000 – 2024

International Association of Rehabilitation Professionals 2024 – present

American Occupational Therapy Association October 1994-2025

- AOTA Service Commendation Award 2008
- Region V Director, AOTPA Jan 2001-Dec 2007

PRESENTATIONS

Arthritis of the Hand and Wrist, Live Webinar, Multiple dates 2017-present, 2 contact hours

Ergonomics: Don't Let Your Patient's Work Be A Pain, Live Webinar, multiple dates 2017-present, 2 contact hours

Simply Splinting, Live Webinar, multiple dates 2018-present, 2 Contact Hours

Flexor Tendons: Get Your Glide On, Home Study Interactive Movie available at LiveConferences.com 6.0 Contact Hours, Retired 2021

The Power of One: OTs Can Make a Difference, Multiple locations in US, Sept 2003 – 2008

Guest Lectures:

University of Southern California, Los Angeles, CA

Feb. 2006 & 2007 – Administration & Management in Occupational Therapy Lecture – *Being an Occupational Therapy Advocate*

Tufts University, Medford, MA

- April 2000 - Policy and Management in Occupational Therapy
Lecture: *Current Health Care Policy Issues and Impact on Daily OT Practice*
- November 1999 - Foundations of Occupational Therapy
Lecture: *An Introduction to Professional Organizations, Health Care Policy and Political Involvement*

Platform Presentation: *Is Your Patient Ready to Return to Driving?*

10th Annual Stroke Rehabilitation Conference, October 1998

PUBLICATIONS

- Journal of Hand Surgery, Author: Commentary to Conservative Treatment of Thumb Base Osteoarthritis: A Systematic Review, January 2015, Volume 40, Number 1
- Documentation Do's and Don'ts: An E-book, previously available on-line for 3.75 CEUs
- Occupational Therapy Essentials for Clinical Competence, Published Dec. 2009 *Chapter 47 author, Advocacy*
- ADVANCE for Occupational Therapists, March 25, 1996
Public Policy: OTs Can Make a Difference

CONTINUING EDUCATION

2025 LCP Spring Virtual Mini Series: 3 contact hours

ACDF vs Disk Replacement

Medtronic SCS Devices and Intrathecal Delivery Systems

Pain Management Techniques for Spinal Pain

2024 LCP Module 7: Private Practice in Life Care Planning, 18 contact hours

2024 LCP Module 6: Forensic Aspects in Life Care Planning, 18 contact hours

2024 LCP Module 5: Rehabilitation & Vocational Consulting and Life Care Plans. 18hrs

2024 LCP Module 4: Life Care Planning with Specific Disabilities and Illnesses, 16hrs

2024 LCP Module 3: Life Care Planning Development from A to Z, 16 hours

2024 LCP Module 2: Certification, Standards of Practice, and Ethics, 16 hrs

2024 LCP Module 1: Foundation of Life Care Planning, 18 contact hours

2024 Treating without Pain, 8 contact hours

2023 Chronic Regional Pain Syndrome, IKNOT Approach, 16 contact hours

2021 Distal Radius Fractures: Controversies & Complications 4 contact hrs

2016 Neural Mobilization to Upper Quadrant, 10.5 contact hours

2014 Shoulder Pathology a Detailed Approach, 6 contact hours

2013 Doctors Demystify the Whys and Hows of Hand Surgery, 6 contact hrs

2012 ASHT 35th Annual Mtg, 9.5 contact hours

2008 Hand Surgery at Tahoe, 15 contact hours

2008 Level 1: Musculoskeletal Disorders and Ergonomic Certification, 15 hrs

2007 Annual Teton Hand and UE Conference, 22 contact hours

2004 Casting Motion to Mobilize Stiffness, 14 contact hours

2004 Doctors Demystify the Finger Joints, 6 contact hrs

2003 AOTA Conference, 6.5 contact hrs

2002 Surgery and Rehabilitation of the Hand Conference, 25 contact hrs