

# Curriculum Vitae

Elisa Marks, MS, OTR/L, CEAS, CHT, CLCP  
Occupational Therapist

## Formal Education

MSOT  
Tufts University, Boston, MA  
Master of Science Occupational Therapy  
May 1996

BA  
University of Pennsylvania, Philadelphia, PA  
Bachelor of Arts, Psychology  
May 1994

## WORK EXPERIENCE

October 2024 – Present  
**Turning Point Life Care Planning**, Los Angeles, CA  
**Occupational Therapist**  
Develop life care plan reports for individuals who have experience catastrophic injury.

August 2012 – January 2025  
**Center for Health Enhancement and Rehabilitation**, Pacific Palisades CA  
**Occupational Therapist**  
Provide occupational therapy interventions for clients throughout the lifespan with a focus on hand, wrist, and elbow rehabilitation. Fabricate custom orthosis.

January 2012 - Present  
**Expert Witness/Consultant**, Pacific Palisades, CA  
Provide record review, expert statement and testimony for plaintiff and defense.

May 2011- Present  
**Journal of Hand Surgery**  
**Pre-Publication Reviewer**

Provide input on scientific articles prior to publication to assess if they meet standards for publication.

March 2011 – Present

**Optum Health**, San Diego, CA

**Occupational Therapy Consultant**

Multi-disciplinary team member for Utilization Management Committee. Ensure that health plan meets all goals and evaluate/approve changes to allied health guidelines

May 2007 – Present

**Fearless Seminars**, Pacific Palisades, CA

**President and Owner**

Create occupational therapy continuing education seminar curriculum with focus on hand therapy topics. Provide in person and webinar live courses with contact hours. Provide ergonomic consulting services on site for office workers.

August 2007- February 2016

**Quality Insights of Pennsylvania**

**Consultant Expert Work Group**

Member of multi-disciplinary panel to develop quality measures for Medicare use in PQRS program for BMI reporting, Pain reporting, and Functional Outcome Measure

February 2010-March 2014

**Santa Monica Hand Therapy**, Santa Monica, CA

**Occupational Therapist**

Evaluate and treat upper extremity injuries including impact on activities of daily living.

November 2006-January 2010

**RehabNet Outpatient Center**, Santa Monica, CA

**Senior Occupational Therapist**

Evaluate and treat orthopedic, neurologic, and rheumatologic injuries and illnesses.

November 2005-November 2006

**Cedars Sinai Medical Center**, Los Angeles, CA

**Supervisor, Outpatient Therapy**

Supervise PT, OT, SLP, front office and therapy aides. Complete performance reviews, provide mentoring and corrective action. Manage budgets and FTE counts. Manage successful

completion of a Medicare audit. Supervise driver rehabilitation program.

April 2001 – November 2005

**Kaiser Permanente, Woodland Hills, CA  
Hand Therapist, Clinical Specialist II**

Provide upper extremity treatment and orthosis fabrication for clients throughout the lifespan. Provide clinical education to peers. Institute journal club with hand surgeons.

June 2000-April 2001

**Daniel Freeman Hospital, Marina del Rey, CA  
Occupational Therapist**

Evaluate and treat occupational therapy clients in an outpatient setting.

September 1998-June 2000

**New England Medical Center, Boston, MA  
Occupational Therapist**

Evaluate and treat occupational therapy clients in an outpatient setting.

June 1996-August 1998

**Spaulding Rehabilitation Hospital, Boston, MA  
Occupational Therapist**

Directed Driving Assessment Program including media contact, serving on Registry of Motor Vehicles Task Force on Elder Drivers. Provided inpatient occupational therapy to a diverse patient population.

## **CERTIFICATIONS**

Certified Life Care Planner

International Commission on Health Care Certification, January 2025 to present

Occupational Therapist

National Board for Certification in Occupational Therapy, 1996 to present

Certified Hand Therapist

Hand Therapy Certification Commission, 2001 to present

Ergonomic Assessment Specialist

Back School of Atlanta, Level 1, August 2008

## **MEMBERSHIPS**

American Society of Hand Therapists, 2000 – 2024

International Association of Rehabilitation Professionals 2024 – present

American Occupational Therapy Association October 1994-2025

- AOTA Service Commendation Award 2008
- Region V Director, AOTPA Jan 2001-Dec 2007

## **LICENSURE**

Licensed – California Board of Occupational Therapy

- Advanced Practice Certification in Hand Therapy and Physical Agent Modalities

## **PRESENTATIONS**

*Arthritis of the Hand and Wrist*, Live Webinar, Multiple dates 2017-present, 2 contact hours

*Ergonomics: Don't Let Your Patient's Work Be A Pain*, Live Webinar, multiple dates 2017-present, 2 contact hours

*Simply Splinting*, Live Webinar, multiple dates 2018-present, 2 Contact Hours

*Flexor Tendons: Get Your Glide On*, Home Study Interactive Movie available at LiveConferences.com 6.0 Contact Hours, Retired 2021

*The Power of One: OTs Can Make a Difference*, Multiple locations in US, Sept 2003 – 2008

Guest Lectures:

University of Southern California, Los Angeles, CA

Feb. 2006 & 2007 – Administration & Management in Occupational Therapy Lecture – *Being an Occupational Therapy Advocate*

Tufts University, Medford, MA

- April 2000 - Policy and Management in Occupational Therapy  
Lecture: *Current Health Care Policy Issues and Impact on Daily OT Practice*
- November 1999 - Foundations of Occupational Therapy  
Lecture: *An Introduction to Professional Organizations, Health Care Policy and Political Involvement*

Platform Presentation: *Is Your Patient Ready to Return to Driving?*

10th Annual Stroke Rehabilitation Conference, October 1998

## **PUBLICATIONS**

- Journal of Hand Surgery, Author: Commentary to Conservative Treatment of Thumb Base Osteoarthritis: A Systematic Review, January 2015, Volume 40, Number 1
- Documentation Do's and Don'ts: An E-book, previously available on-line for 3.75 CEUs
- Occupational Therapy Essentials for Clinical Competence, Published Dec. 2009 *Chapter 47 author, Advocacy*
- ADVANCE for Occupational Therapists, March 25, 1996  
*Public Policy: OTs Can Make a Difference*

## **CONTINUING EDUCATION**

2024 LCP Module 7: Private Practice in Life Care Planning, 18 contact hours  
2024 LCP Module 6: Forensic Aspects in Life Care Planning, 18 contact hours  
2024 LCP Module 5: Rehabilitation and Vocational Consulting and Life Care Plans. 18 contact hrs  
2024 LCP Module 4: Life Care Planning with Specific Disabilities and Illnesses, 16 contact hrs  
2024 LCP Module 3: Life Care Planning Development from A to Z, 16 hours  
2024 LCP Module 2: Certification, Standards of Practice, and Ethics, 16 hrs  
2024 LCP Module 1: Foundation of Life Care Planning, 18 contact hours  
2024 Treating without Pain, 8 contact hours  
2023 Chronic Regional Pain Syndrome, IKNOT Approach, 16 contact hours  
2021 Distal Radius Fractures: Controversies & Complications 4 contact hrs  
2016 Neural Mobilization to Upper Quadrant, 10.5 contact hours  
2014 Shoulder Pathology a Detailed Approach, 6 contact hours  
2013 Doctors Demystify the Whys and Hows of Hand Surgery, 6 contact hrs  
2012 ASHT 35<sup>th</sup> Annual Mtg, 9.5 contact hours  
2008 Hand Surgery at Tahoe, 15 contact hours  
2008 Level 1: Musculoskeletal Disorders and Ergonomic Certification, 15 hrs  
2007 Annual Teton Hand and UE Conference, 22 contact hours  
2004 Casting Motion to Mobilize Stiffness, 14 contact hours  
2004 Doctors Demystify the Finger Joints, 6 contact hrs  
2003 AOTA Conference, 6.5 contact hrs  
2002 Surgery and Rehabilitation of the Hand Conference, 25 contact hrs